



## **ROOT CANAL TREATMENT**

### **Sensitivity or Discomfort**

You may experience soreness and sensitivity to chewing during the healing period which could last up to two weeks. Follow the prescribed medication regimen to minimize any discomfort. If there is discomfort from the injection site or the gums become inflamed, rinse with warm salt once an hour for the first two days following treatment. Put one teaspoon of salt in an eight-ounce glass of lukewarm water and swish for 20 seconds.

### **Reducing Pain & Swelling**

Whether or not you experience pain or swelling, please follow the following medication regimen: 400mg ibuprofen TAKEN IN COMBINATION WITH two Extra-Strength Tylenol. This combination will provide the same pain relief as a narcotic pain medication without the side effects. Take the medications as long as recommended.

### **Follow-up Treatment of the Tooth**

An endodontically treated tooth will need follow-up as follows: If it is a back tooth and does not have a build-up and crown, it will need to have those procedures within six months in order to reinforce the tooth against fracture and bacterial leakage, both of which could result in loss of the tooth. Front teeth will be evaluated on an individual case basis. Endodontically treated teeth may discolor over time. If so, they can be treated either by bleaching or restoring the tooth with a veneer or crown.

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